



Līdzfinansē  
Eiropas Savienība

# Possibilities of physical activities in my town

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On this photo you can see a pull-up bar. This place may seem quite scary, but it is perfect for people who like to work out alone. This place is located in Kadaga, in the forest.



On this photo you can see a basketball hoop. Here children can throw the ball into the hoop or play basketball. This place is located in Kadaga, not far from the store, or more precisely, behind the seventh house.







On this photo you can see a small football field. Here children can kick on goal or play football. This place is located in Kadaga, also near the store and near the basketball hoop.



On this photo you can see a small sand volleyball court. Here children can throw the ball over the net or play volleyball. This place is located in Kadaga, also near the store and near the football field.







On this photo you can see different horizontal bars, parallel bars and climbing frames. Here children can climb on the horizontal bars, do pull-ups, hang or do exercises on the muscles of the arms. This place is located in Kadaga, near the volleyball court.



On this photo you can see the BMX track. Here children can ride bicycles on the track, as well as trainings with experienced trainers. This place is located in Kadaga, at the address Cīruļu iela 1.







On this photo you can see a small playground with horizontal bars and different climbing frames such as a net, a ladder and a wall. Here children can hang on horizontal bars or climb. This place is located in Kadaga, in the forest opposite the kindergarten.